

## Senioren M40

Pos	St-Nr.	Name	JG	NAT	Verein*/Ort	AK	AK-PI	Platz	Netto	Endzeit	6,3km	16,9km	24,1km	33,7km	1.HM	2.HM	M/km
1	1010	Bier, Dietmar	70	DEU	Trierer Stadtlaf e.V./Tri	M40	1	7	2:30:15	2:30:17	0:21:40	1:00:14	1:27:28	1:59:14	1:14:13	1:16:03	03:33
2	1169	Könnicke, Peter	69	DEU	LC Cottbus/Cottbus	M40	2	16	2:34:03	2:34:07	0:22:35	1:02:32	1:30:35	2:03:10	1:17:00	1:17:04	03:39
3	1030	Zimmer, Frank	67	DEU	Skills 04 Frankfurt/Bad H	M40	3	19	2:34:47	2:34:48	0:22:25	1:02:35	1:30:29	2:03:06	1:17:03	1:17:45	03:40
4	1074	Senner, Andreas	69	DEU	TuS Deuz/Siegen	M40	4	26	2:38:01	2:38:03	0:22:19	1:02:46	1:31:42	2:05:27	1:17:39	1:20:23	03:44
5	1014	Weis, Bernd	68	DEU	SG Dettingen/Erms/Det	M40	5	31	2:39:21	2:39:23	0:22:08	1:02:04	1:31:12	2:05:38	1:16:53	1:22:28	03:46
6	1267	Celik, Selanet	67	DEU	Ayyo Team Essen e.V./	M40	6	35	2:39:44	2:39:46	0:22:55	1:03:55	1:33:14	2:06:56	1:19:02	1:20:42	03:47
7	1081	Mlynski-Wiese, Alexande	66	DEU	TV Roetgen/Roetgen	M40	7	39	2:42:22	2:42:32	0:23:11	1:04:22	1:33:31	2:07:44	1:19:20	1:23:02	03:50
8	1072	Vosseler, Matthias	69	DEU	LG Filder/Stuttgart	M40	8	40	2:42:34	2:42:37	0:24:01	1:06:15	1:35:39	2:09:43	1:21:31	1:21:03	03:51
9	1073	Brockfeld, Stefan	66	DEU	TuS Deuz/Netphen	M40	9	41	2:42:43	2:42:45	0:23:34	1:05:44	1:35:26	2:10:08	1:21:04	1:21:39	03:51
10	1041	Klein, Dr. Harald	66	DEU	LG Mörfelden-Walldorf	M40	10	43	2:43:06	2:43:09	0:22:13	1:02:03	1:30:42	2:06:16	1:16:48	1:26:19	03:51
11	1047	Roth, Joachim	68	DEU	VFL Pfullingen/Pfullinge	M40	11	48	2:46:46	2:46:53	0:22:54	1:03:45	1:32:58	2:09:18	1:18:39	1:28:07	03:57
12	1025	Emmerling, Dr. Uwe	66	DEU	LAV Halensia e.V./Halle	M40	12	51	2:48:20	2:48:23	0:23:41	1:05:29	1:35:39	2:11:51	1:20:51	1:27:29	03:59
13	1063	Fricke, Eik	67	DEU	LAV Halensia e.V./Halle	M40	13	57	2:49:29	2:49:32	0:23:42	1:05:48	1:36:06	2:12:06	1:21:16	1:28:13	04:00
14	1080	Tockweiler, Klaus	70	DEU	LG Welfen/Ravensburg	M40	14	68	2:52:24	2:52:28	0:24:57	1:08:09	1:39:07	2:15:36	1:23:58	1:28:27	04:05
15	1078	Hindelang, Wolfgang	67	DEU	LG Baar/Brigachtal	M40	15	71	2:52:45	2:52:50	0:25:00	1:08:38	1:39:30	2:15:14	1:24:33	1:28:13	04:05
16	1127	Karl, Dirk	68	DEU	TSG Grünstadt/Worms	M40	16	73	2:53:46	2:53:58	0:25:13	1:10:05	1:41:33	2:18:11	1:26:19	1:27:27	04:07
17	1140	Bathon, Jürgen	68	DEU	SV Königshofen/Hösbac	M40	17	74	2:53:57	2:54:06	0:25:03	1:09:06	1:40:27	2:17:38	1:25:12	1:28:46	04:07
18	1137	Pietsch, Christian	67	DEU	DJK Beucherling e.V./	M40	18	89	2:57:42	2:57:58	0:26:31	1:12:49	1:44:45	2:21:27	1:29:11	1:28:32	04:12
19	1145	Rensch, Rolf	66	DEU	SG Nußloch/Nußloch	M40	19	98	3:00:24	3:00:29	0:25:40	1:11:42	1:44:17	2:22:06	1:28:32	1:31:52	04:16
20	1165	Degenhardt, Dirk	68	DEU	TGM Budenheim/Bude	M40	20	100	3:00:34	3:01:02	0:26:50	1:13:02	1:45:51	2:23:47	1:29:34	1:31:01	04:16
21	1114	Stahl, Rainer	66	DEU	TuS Deuz/Siegen	M40	21	101	3:01:07	3:01:11	0:25:31	1:11:31	1:44:36	2:23:14	1:28:34	1:32:33	04:17
22	1154	Wasser, Peter	69	DEU	LLG Kevelaer/Kevelaer	M40	22	102	3:01:45	3:01:57	0:26:39	1:13:22	1:46:06	2:24:06	1:30:07	1:31:38	04:18
23	1105	Oettinger, Werner	66	DEU	LAZ Obernburg-Miltenbe	M40	23	103	3:02:27	3:02:31	0:25:10	1:10:37	1:43:40	2:22:53	1:27:38	1:34:49	04:19
24	1123	Mockenhaupt, Armin	67	DEU	LG Sieg/Malberg	M40	24	114	3:05:34	3:05:43	0:26:36	1:12:10	1:44:14	2:23:06	1:28:29	1:37:06	04:23
25	1176	Prior, Bernd	67	DEU	TV Groß-Zimmern/Groß	M40	25	126	3:11:58	3:12:25	0:28:39	1:18:42	1:53:57	2:34:16	1:36:34	1:35:24	04:32
26	1194	Steg, Stefan	68	DEU	LAC Quelle Fürth/Fürth	M40	26	132	3:14:39	3:14:56	0:27:51	1:17:21	1:52:13	2:33:43	1:35:03	1:39:37	04:36
27	1007	Siddi, Stephan	69	DEU	LG OVAG Friedberg-F	M40	27	138	3:18:30	3:18:57	0:27:51	1:15:35	1:49:52	2:32:10	1:32:53	1:45:38	04:42
28	1201	Schmidt, Lothar	67	DEU	SC Neubulach/Neubula	M40	28	140	3:21:31	3:21:37	0:27:01	1:15:14	1:49:05	2:31:05	1:32:33	1:48:58	04:46
29	1221	Bappert, Markus	70	DEU	LG EVO Seligenstadt/	M40	29	149	3:25:54	3:26:10	0:30:33	1:23:32	2:00:20	2:43:36	1:42:22	1:43:33	04:52
30	1266	Schikor, Frank	69	DEU	LG Sieg/Gebhardshain	M40	30	150	3:22:17	3:26:53	0:36:41	1:29:01	2:04:59	2:46:24	1:43:11	1:39:07	04:47
31	1152	Wegener, Peter	67	DEU	LAC Veltins Hochsauerla	M40	31	152	3:26:46	3:27:06	0:29:25	1:20:29	1:56:45	2:40:43	1:38:48	1:47:59	04:54
32	1219	Betz, Marc	70	DEU	LG Vulkaneifel/Üxheim	M40	32	156	3:28:45	3:29:09	0:31:02	1:25:10	2:03:08	2:46:35	1:44:20	1:44:26	04:56
33	1241	Kohlhaas, Uli	65	DEU	LG Sieg/Steinebach	M40	33	158	3:29:06	3:29:23	0:30:31	1:23:43	2:01:45	2:46:26	1:42:53	1:46:13	04:57
34	1163	Steup, Michael	68	DEU	LG Sieg/Nauroth	M40	34	171	3:38:26	3:38:55	0:30:31	1:23:43	2:01:45	2:46:26	1:42:39	1:55:47	05:10
35	1242	Rauers, Thomas	69	DEU	LLG Kevelaer/Kevelaer	M40	35	172	3:39:00	3:39:17	0:31:42	1:27:35	2:06:53	2:53:54	1:47:37	1:51:23	05:11
36	1226	Brouwer, Jörg	68	NLD	LAC Veltins Hochsauerla	M40	36	182	3:49:47	3:50:08	0:34:00	1:30:21	2:10:50	3:01:00	1:50:27	1:59:21	05:26
37	1259	Crolla, Peter	67	DEU	LAG Saarbrücken/Saar	M40	37	184	3:54:06	3:55:25	0:33:28	1:29:52	2:10:22	3:01:08	1:49:09	2:04:58	05:32
38	1238	Franke, Andreas	66	DEU	Dürener TV 1847/Hürtge	M40	38	197	4:10:09	4:10:57	0:35:06	1:34:25	2:15:09	3:09:45	1:54:51	2:15:19	05:55

## Senioren M45

Pos	St-Nr.	Name	JG	NAT	Verein*/Ort	AK	AK-PI	Platz	Netto	Endzeit	6,3km	16,9km	24,1km	33,7km	1.HM	2.HM	M/km
1	1037	Koch, Dr. Matthias	64	DEU	LAV ASICS Tübingen/F	M45	1	12	2:33:34	2:33:36	0:21:59	1:01:29	1:29:31	2:01:55	1:16:03	1:17:32	03:38
2	1044	König, Thomas	65	DEU	LC Oelsnitz Erzgebirge e	M45	2	13	2:33:44	2:33:46	0:21:59	1:01:29	1:29:31	2:01:55	1:16:03	1:17:41	03:38
3	1022	Dehaut, Thomas	63	DEU	LLG Landstuhl/Obernhe	M45	3	20	2:35:16	2:35:18	0:22:08	1:01:48	1:29:54	2:03:22	1:16:19	1:18:57	03:40
4	1038	Ebel, Thomas	65	DEU	TH Eilbeck/Hamburg	M45	4	28	2:38:32	2:38:36	0:23:26	1:04:13	1:33:11	2:06:34	1:19:15	1:19:17	03:45
5	1046	Walter, Uwe	65	DEU	TH Eilbeck/Hamburg	M45	5	30	2:38:52	2:38:57	0:23:09	1:04:13	1:33:12	2:06:35	1:19:15	1:19:38	03:45
6	1051	Apfelbaum, Frank	63	DEU	SSG Königswinter e.V.	M45	6	36	2:40:50	2:40:52	0:22:55	1:03:45	1:32:51	2:07:29	1:18:44	1:22:06	03:48
7	1077	Sturm, Volker	65	DEU	TH Eilbeck/Halstenbek	M45	7	42	2:42:53	2:42:58	0:23:32	1:05:17	1:34:52	2:08:51	1:20:30	1:22:23	03:51
8	1088	Steißlinger, Ralf	65	DEU	TSV Kusterdingen/Reut	M45	8	46	2:45:42	2:45:47	0:25:00	1:08:13	1:38:45	2:13:07	1:23:53	1:21:50	03:55
9	1090	Noell, Thomas	65	DEU	LLC Marathon Regensb	M45	9	52	2:48:23	2:48:31	0:24:38	1:08:09	1:38:27	2:13:52	1:23:38	1:24:45	03:59
10	1089	Nicolay, Thomas	64	DEU	SSG Königswinter e.V.	M45	10	61	2:50:44	2:50:49	0:24:41	1:08:19	1:39:33	2:15:30	1:24:23	1:26:21	04:02
11	1110	Hüttner, Dr. Steffen	64	DEU	TSV Kusterdingen/Wann	M45	11	62	2:51:13	2:51:16	0:24:56	1:08:10	1:38:48	2:14:55	1:23:54	1:27:19	04:03
12	1087	Wache, Hans-Jörg	60	DEU	LAV ASICS Tübingen/T	M45	12	63	2:51:21	2:51:26	0:25:00	1:08:14	1:38:57	2:15:19	1:23:56	1:27:26	04:03
13	1113	Merkel, Hans	62	DEU	LLC Marathon Regensb	M45	13	64	2:51:38	2:51:41	0:25:31	1:09:25	1:40:37	2:16:21	1:25:28	1:26:10	04:04
14	1091	Groth, Helge	63	DEU	LLC Marathon Regensb	M45	14	66	2:52:15	2:52:21	0:24:38	1:08:13	1:38:31	2:14:54	1:23:39	1:28:36	04:04
15	1069	Rapp, Martin	59	DEU	LAV ASICS Tübingen/M	M45	15	76	2:54:23	2:54:25	0:24:04	1:05:45	1:36:09	2:12:18	1:21:30	1:32:54	04:07
16	1093	Kux, Dieter	61	DEU	ASC Darmstadt/Darmst	M45	16	77	2:54:05	2:54:30	0:25:11	1:09:05	1:40:12	2:16:50	1:24:51	1:29:14	04:07
17	1128	Schemm, Helmut	63	DEU	LLC Marathon Regensb	M45	17	81	2:56:20	2:56:43	0:25:36	1:10:07	1:41:39	2:19:02	1:26:02	1:30:18	04:10
18	1098	Mauel, Thomas	65	DEU	SSG Königswinter e.V.	M45	18	82	2:57:02	2:57:07	0:24:30	1:07:16	1:38:41	2:17:35	1:23:14	1:33:48	04:11
19	1131	Huber, Christian	65	DEU	LG Kreis Dachau/Münch	M45	19	84	2:57:12	2:57:18	0:25:35	1:10:40	1:41:56	2:18:48	1:26:51	1:30:22	04:11
20	1155	Krzywik, Raimund	64	DEU	LF Naheland Bad Kreuz	M45	20	87	2:57:32	2:57:37	0:25:59	1:11:54	1:44:11	2:21:18	1:28:33	1:29:00	04:12
21	1144	Schnell, Michael	61	DEU	LG Sieg/Elkenroth	M45	21	92	2:58:03	2:58:32	0:26:36	1:12:12	1:44:46	2:22:22	1:28:33	1:29:31	04:13
22	1120	Hammer, Matthias	62	DEU	LG Sieg/Steinebach	M45	22	93	2:58:29	2:58:38	0:26:23	1:12:12	1:44:46	2:22:22	1:28:53	1:29:36	04:13
23	1136	Kunze, Josef	65	DEU	DLC Aachen/Aachen	M45	23	96	3:00:03	3:00:08	0:25:45	1:12:09	1:44:29	2:22:32	1:28:45	1:31:18	04:16
24	1182	Mundo, Siegfried	63	DEU	LG Sieg/Malberg	M45	24	107	3:04:53	3:05:04	0:26:44	1:12:10	1:44:15	2:22:22	1:28:27	1:36:26	04:22
25	1101	Fabian, Günter	61	DEU	LG Rüsselsheim/Raunh	M45	25	111	3:05:15	3:05:27	0:26:20	1:12:44	1:45:16	2:24:38	1:29:15	1:36:00	04:23
26	1147	Schiffers, Joachim	65	DEU	DLC Aachen/Aachen	M45	26	122	3:09:37	3:10:11	0:27:05	1:14:13	1:49:01	2:30:26	1:31:07	1:38:31	04:29
27	1122	Hermes, Georg	62	DEU	LG Gummersbach/Gumn	M45	27	127	3:12:55	3:13:05	0:27:19	1:14:46	1:48:45	2:31:00	1:32:09	1:40:47	04:34
28	1161	Göbel, Holger	64	DEU	SC Neukirchen/Schwal	M45	28	131	3:13:54	3:14:10	0:27:43	1:15:49	1:50:30	2:32:27	1:33:14	1:40:41	04:35
29	1191	Recktenwald, Jörg	61	DEU	SV Oberelchingen 1930	M45	29	142	3:22:02	3:22:23	0:30:10	1:22:17	1:59:01	2:42:32	1:40:47	1:41:15	04:47
30	1216	Baumann, Matthias	63	DEU	TV Konstanz/Konstanz	M45	30	145	3:23:36	3:24:18	0:30:25	1:22:19	1:58:53	2:41:22	1:40:34	1:43:03	04:49
31	1193	Rihak, Volker	61	DEU	LG BEC/Biebesheim	M45	31	146	3:25:18	3:25:35	0:27:54	1:16:50	1:52:23	2:37:27	1:34:51	1:50:28	04:51
32	1130	Walter, Dietmar	61	DEU	SV Göttingen/Langenau	M45	32	148	3:25:26	3:25:46	0:30:10	1:22:17	1:59:01	2:42:33	1:40:47	1:44:39	04:52
33	1187	Volkman, Norbert	63	DEU	LAZ Obernburg-Miltenbe	M45	33	153	3:24:49	3:27:08	0:34:54	1:28:07	2:05:11	2:47:51	1:44:42	1:40:08	04:51
34	1166	Schiffers, Christoph	64	DEU	DLC Aachen/Aachen	M45	34	155	3:26:22	3:29:06	0:32:32	1:21:39	1:58:05	2:40:57	1:37:12	1:49:10	04:53
35	1222	Kohlhas, Dr. Klaus	63	DEU	LG Sieg/Gebhardshain	M45	35	173	3:39:01	3:39:18	0:30:31	1:23:42	2:01:44	2:48:22	1:42:54	1:56:07	05:11
36	1196	Piprek, Adolf	63	DEU	TSV München Nord-Os	M45	36	183	3:54:30	3:54:41	0:30:38	1:25:35	2:08:14	3:00:57	1:46:25	2:08:06	05:33
37	1245	Werner, Guido	65	DEU	LA TuS Mayen/Kehrig	M45	37	186	3:48:57	3:57:09	0:41:40	1:39:59	2:19:59	3:08:42	1:52:11	1:56:46	05:25
38	1106	Bergen, Musa	65	DEU	TuS Eintracht Bielefeld	M45	38	187	3:55:48	3:57:18	0:35:29	1:36:28	2:19:11	3:08:04	1:57:12	1:58:36	05:35

## Senioren M50

Pos	St-Nr.	Name	JG	NAT	Verein/*Ort	AK	AK-PI	Platz	Netto	Endzeit	6,3km	16,9km	24,1km	33,7km	1.HM	2.HM	M/km
1	1031	Theofel, Juergen	58	DEU	FV 1913 Wallau/Bieden	M50	1	11	2:33:34	2:33:36	0:21:59	1:01:29	1:29:30	2:01:56	1:16:03	1:17:31	03:38
2	1062	Bernd, Uwe	60	DEU	LG Rüsselsheim/Rüsse	M50	2	25	2:37:12	2:37:15	0:22:14	1:02:03	1:30:42	2:04:40	1:16:47	1:20:25	03:43
3	1036	Löschner, Frank	59	DEU	TV Büschergrund/Freud	M50	3	32	2:39:24	2:39:28	0:21:58	1:01:29	1:29:30	2:03:01	1:16:02	1:23:23	03:46
4	1070	Holder, Michael	60	DEU	Coburger Turnerschaft	M50	4	37	2:40:52	2:40:55	0:23:01	1:04:16	1:32:53	2:06:13	1:18:58	1:21:54	03:48
5	1011	Schumann, Frank	60	DEU	LG Deiringsen e.V./Wars	M50	5	53	2:48:32	2:48:35	0:23:22	1:04:53	1:34:54	2:11:15	1:20:17	1:28:15	03:59
6	1299	Amborn, Ulrich	57	DEU	LG Offenbach/Offenbac	M50	6	56	2:49:19	2:49:25	0:25:17	1:08:25	1:39:10	2:14:58	1:24:13	1:25:07	04:00
7	1269	Schwartz, Jean-Marie	58	FRA	TV Hatzenbühl/Riedsel	M50	7	58	2:50:05	2:50:32	0:25:44	1:08:45	1:40:04	2:15:23	1:24:02	1:26:03	04:01
8	1115	Hermann, Martin	60	DEU	TSV Weilheim/Weilheim	M50	8	65	2:51:36	2:51:42	0:24:31	1:08:31	1:39:31	2:15:23	1:24:25	1:27:12	04:04
9	1112	Geiger, Jürgen	58	DEU	TSV Crailsheim/Sattel	M50	9	70	2:52:32	2:52:39	0:24:46	1:09:22	1:40:27	2:16:30	1:25:22	1:27:11	04:05
10	1151	Götzelmann, Thomas	58	DEU	ETSV Lauda/Lauda	M50	10	75	2:54:02	2:54:12	0:25:14	1:10:11	1:41:41	2:18:11	1:26:14	1:27:49	04:07
11	1146	Bless, Thomas	59	DEU	LG Welfen/Friedrichsha	M50	11	91	2:58:20	2:58:22	0:25:37	1:11:06	1:43:26	2:21:02	1:27:44	1:30:36	04:13
12	1095	Reidick, Dr. Thomas	60	DEU	PSV Grün-Weiß Kassel	M50	12	94	2:59:25	2:59:29	0:24:56	1:09:11	1:41:38	2:21:48	1:25:56	1:33:29	04:15
13	1158	Bujok, Jan	50	DEU	SC Polonia Hannover/Ha	M50	13	95	2:59:52	2:59:56	0:26:20	1:12:27	1:45:03	2:23:22	1:29:24	1:30:29	04:15
14	1268	Kuntz, Karl-Emil	58	DEU	TV Hatzenbühl/Herxhei	M50	14	99	3:00:11	3:00:38	0:26:13	1:12:01	1:44:55	2:23:25	1:28:25	1:31:46	04:16
15	1271	Bohlender, Dieter	57	DEU	TV Hatzenbühl/Hatzenb	M50	15	108	3:04:39	3:05:07	0:26:09	1:11:59	1:44:55	2:24:07	1:28:24	1:36:16	04:22
16	1142	Götzelmann, Matthias	60	DEU	ETSV Lauda/Lauda	M50	16	109	3:05:01	3:05:11	0:26:37	1:12:51	1:45:58	2:26:16	1:29:41	1:35:20	04:23
17	1162	Brodka, Jürgen	60	DEU	LAC Quelle Fürth/Fürth	M50	17	113	3:05:27	3:05:42	0:27:17	1:14:45	1:48:37	2:27:56	1:32:00	1:33:28	04:23
18	1172	Kretschmer, Olaf	58	DEU	TV Fürstenwalde/Fürste	M50	18	116	3:06:43	3:06:49	0:26:52	1:14:12	1:48:40	2:27:58	1:31:28	1:35:15	04:25
19	1153	Erhardt, Günter	60	DEU	ETSV Lauda/Königheim	M50	19	124	3:10:40	3:11:09	0:28:55	1:17:31	1:51:41	2:31:52	1:34:41	1:35:59	04:31
20	1225	Brehe, Michael	60	DEU	LG Osnabrück/Osnabrü	M50	20	139	3:19:12	3:19:53	0:29:29	1:20:33	1:56:38	2:38:52	1:38:30	1:40:42	04:43
21	1234	Brugger, Martin	59	DEU	TV Konstanz/Konstanz	M50	21	141	3:20:59	3:21:41	0:30:25	1:22:20	1:58:53	2:41:21	1:40:35	1:40:24	04:45
22	1200	Baque, Hans	58	DEU	1. FC Kaiserslautern/Lin	M50	22	147	3:25:13	3:25:35	0:29:05	1:20:33	1:57:56	2:42:36	1:39:20	1:45:54	04:51
23	1239	Conen, Reinhard	58	DEU	LLG Kevelaer/Kevelaer	M50	23	159	3:29:48	3:30:04	0:29:11	1:19:56	1:56:49	2:42:12	1:38:47	1:51:01	04:58
24	1235	Riedle, Roland	60	DEU	TV Konstanz/Konstanz	M50	24	161	3:29:31	3:30:14	0:30:46	1:24:02	2:01:47	2:45:42	1:42:49	1:46:42	04:57
25	1118	Marschik, Franz	59	DEU	LSG Aalen/Aalen	M50	25	164	3:31:28	3:31:55	0:26:15	1:12:02	1:45:24	2:32:35	1:28:34	2:02:54	05:00
26	1159	Dewucki, Edward	51	DEU	SC Polonia Hannover/Ha	M50	26	178	3:46:36	3:46:44	0:34:26	1:33:20	2:14:17	3:01:35	1:54:38	1:51:59	05:22
27	1157	Stasch, Robert	60	DEU	SC Polonia Hannover/Ha	M50	27	179	3:46:36	3:46:44	0:34:26	1:33:20	2:14:18	3:01:35	1:54:37	1:52:00	05:22
28	1251	Hartlich, Klaus	57	DEU	TV Arnsberg/Arnsberg	M50	28	180	3:47:17	3:48:00	0:34:06	1:29:46	2:09:13	2:58:09	1:49:13	1:58:05	05:23
29	1253	Wacker, Dieter	58	DEU	LGV Marathon Giessen	M50	29	188	3:59:56	4:01:07	0:36:23	1:38:01	2:22:16	3:13:27	1:59:36	2:00:20	05:41
30	1261	Audehm, Dr. Uwe	60	DEU	Alfterer SC/Bonn	M50	30	198	4:07:04	4:11:27	0:38:13	1:38:04	2:19:58	3:16:29	1:54:22	2:12:42	05:51

## Senioren M55

Pos	St-Nr.	Name	JG	NAT	Verein*/Ort	AK	AK-PI	Platz	Netto	Endzeit	6,3km	16,9km	24,1km	33,7km	1.HM	2.HM	M/km
1	1102	Heidelberger, Hans	53	DEU	LAC Quelle Fürth/Fürth	M55	1	69	2:52:26	2:52:32	0:25:01	1:09:06	1:40:11	2:16:27	1:25:11	1:27:16	04:05
2	1133	Dittmar, Volker	55	DEU	LAC Quelle Fürth/Obera	M55	2	72	2:52:41	2:52:54	0:25:06	1:08:45	1:39:52	2:16:52	1:24:29	1:28:12	04:05
3	1116	Walli, Bernhard	55	DEU	LSG Karlsruhe/Karlsbad	M55	3	79	2:55:46	2:55:52	0:24:58	1:09:31	1:41:06	2:18:24	1:25:45	1:30:02	04:09
4	1107	Massny, Peter	55	DEU	TSV Neustadt in Holst	M55	4	85	2:56:54	2:57:21	0:24:31	1:08:11	1:40:43	2:20:11	1:24:26	1:32:29	04:11
5	1295	Hartl, Dr. Rudolf	53	DEU	LC Aichach/Aichach	M55	5	97	3:00:17	3:00:20	0:24:43	1:09:10	1:41:23	2:20:44	1:25:31	1:34:46	04:16
6	1135	Schlag, Ferdi	52	DEU	DLC Aachen/Aachen	M55	6	105	3:04:10	3:04:17	0:25:22	1:10:37	1:43:42	2:24:01	1:27:24	1:36:47	04:21
7	1167	Thess, Rainer	53	DEU	DLC Aachen/Aachen	M55	7	115	3:05:54	3:06:01	0:26:52	1:13:53	1:47:28	2:27:02	1:31:02	1:34:53	04:24
8	1179	Lösel, Dr. Peter	54	DEU	LAC Quelle Fürth/Fürth	M55	8	117	3:07:07	3:07:22	0:27:17	1:14:47	1:48:40	2:28:01	1:32:03	1:35:05	04:26
9	1183	Metternich, Heinz-Jürgen	54	DEU	LLG Kevelaer/Kevelaer	M55	9	125	3:10:59	3:11:12	0:26:43	1:14:33	1:49:00	2:29:45	1:31:59	1:39:01	04:31
10	1212	Böhnke, Michael	55	DEU	DLC Aachen/Bad Zwis	M55	10	135	3:17:49	3:17:55	0:27:07	1:15:01	1:49:16	2:31:55	1:32:16	1:45:33	04:41
11	1211	Calles, Walter	55	DEU	DLC Aachen/Aachen	M55	11	137	3:18:30	3:18:54	0:27:57	1:17:23	1:53:06	2:35:54	1:35:21	1:43:09	04:42
12	1197	Füger, Claus	53	DEU	LAV ASICS Tübingen/T	M55	12	168	3:31:55	3:36:08	0:33:08	1:23:28	1:59:28	2:45:56	1:37:44	1:54:12	05:01
13	1243	Müller, Heino	53	DEU	LG Saar 70/Ottweiler	M55	13	177	3:43:05	3:46:37	0:36:39	1:33:54	2:13:52	3:00:36	1:50:57	1:52:09	05:17
14	1257	Rink, Dieter	54	DEU	LGV Marathon Giessen	M55	14	190	3:56:31	4:01:41	0:38:01	1:37:20	2:19:25	3:09:12	1:53:42	2:02:49	05:36
15	1156	Hoppe, Klaus-Dieter	54	DEU	USC Mainz/Wiesbaden	M55	15	192	4:05:09	4:05:20	0:33:48	1:36:07	2:20:20	3:13:39	1:58:37	2:06:32	05:48

## Senioren M60

Pos	St-Nr.	Name	JG	NAT	Verein/*Ort	AK	AK-Pl	Platz	Netto	Endzeit	6,3km	16,9km	24,1km	33,7km	1.HM	2.HM	M/km
1	1296	Engels, Herbert	48	DEU	TUS Köln rrh./Much	M60	1	67	2:52:23	2:52:28	0:24:13	1:07:11	1:37:59	2:16:19	1:22:46	1:29:38	04:05
2	1148	Höcherl, Siegmund	50	DEU	DJK Beucherling e.V./	M60	2	83	2:56:58	2:57:13	0:26:32	1:12:49	1:44:46	2:21:27	1:29:11	1:27:47	04:11
3	1149	Hartung, Manfred	47	DEU	LC Michelstadt/Michels	M60	3	88	2:57:49	2:57:56	0:25:36	1:10:39	1:44:02	2:21:07	1:27:29	1:30:21	04:12
4	1132	Gross, Alfred	49	DEU	LAV ASICS Tübingen/R	M60	4	110	3:05:17	3:05:19	0:25:36	1:11:39	1:44:38	2:24:06	1:28:40	1:36:37	04:23
5	1174	Krehl, Günter	48	DEU	VfL Ostelsheim/Calw-St	M60	5	112	3:05:22	3:05:29	0:26:56	1:14:56	1:48:10	2:27:01	1:32:05	1:33:18	04:23
6	1164	Wolf, Wolfgang	50	DEU	LG Eder/Allendorf	M60	6	120	3:08:26	3:08:38	0:27:31	1:15:23	1:49:18	2:28:59	1:32:39	1:35:47	04:27
7	1124	Rollwa, Herbert	50	DEU	VfL Ostelsheim/Rodalbe	M60	7	121	3:09:37	3:09:45	0:25:57	1:12:23	1:47:13	2:28:06	1:29:59	1:39:39	04:29
8	1184	Heiter, Werner	49	DEU	LG Rülzheim/Rülzheim	M60	8	128	3:13:25	3:13:32	0:26:56	1:15:24	1:50:38	2:32:29	1:33:21	1:40:04	04:35
9	1213	Zenk, Alois	49	DEU	TSV Scheßlitz/Scheßlitz	M60	9	143	3:22:36	3:22:40	0:28:49	1:21:34	1:58:24	2:41:23	1:40:25	1:42:11	04:48
10	1209	Harmening, Manfred	49	DEU	VfL Bückeberg/Obernkir	M60	10	157	3:28:38	3:29:18	0:30:12	1:22:58	2:00:16	2:44:46	1:41:30	1:47:09	04:56
11	1214	Geurts, Hans-Peter	49	DEU	Leichtathletik Nütterden €	M60	11	166	3:32:43	3:33:02	0:28:49	1:21:26	1:59:51	2:45:24	1:40:53	1:51:51	05:02
12	1237	Aengenheister, Gerd	49	DEU	Leichtathletik Nütterden €	M60	12	170	3:36:06	3:38:45	0:34:43	1:29:35	2:07:58	2:54:14	1:46:28	1:49:38	05:07
13	1206	Maßner, Ulrich	47	DEU	LG Esslingen/Esslingen	M60	13	176	3:44:38	3:44:56	0:31:46	1:28:04	2:08:39	2:57:50	1:48:39	1:56:00	05:19

## Senioren M65

Pos	St-Nr.	Name	JG	NAT	Verein/*Ort	AK	AK-PI	Platz	Netto	Endzeit	6,3km	16,9km	24,1km	33,7km	1.HM	2.HM	M/km
1	1185	Kalweit, Siegfried	42	DEU	TSV Viktoria Mülheim/Mi	M65	1	129	3:13:37	3:13:44	0:28:25	1:18:33	1:53:51	2:33:51	1:36:42	1:36:55	04:35
2	1218	Johnen, Walter K.	45	DEU	LAV ASICS Tübingen/T	M65	2	133	3:16:53	3:16:58	0:28:11	1:17:59	1:54:17	2:36:37	1:36:23	1:40:31	04:39
3	1236	Kanitz, Willi	43	DEU	SV Klitzschen 1920 e.V	M65	3	160	3:29:55	3:30:11	0:29:27	1:22:50	2:01:35	2:46:46	1:42:29	1:47:27	04:58
4	1220	Pannek, Klaus	43	DEU	LG EVO Seligenstadt/	M65	4	162	3:30:25	3:30:41	0:30:33	1:23:43	2:00:56	2:44:48	1:42:42	1:47:43	04:59
5	1203	Pellen, Ferdi	45	DEU	Leichtathletik Nütterden €	M65	5	169	3:37:08	3:37:26	0:28:51	1:20:10	1:57:33	2:44:58	1:38:12	1:58:56	05:08
6	1260	Münstermann, Jörg	44	DEU	TSV Viktoria Mülheim/Mi	M65	6	185	3:56:35	3:57:06	0:32:44	1:32:02	2:15:41	3:06:37	1:54:09	2:02:26	05:36
7	1258	Ziermann, Ulrich	42	DEU	TV 1848 Schwabach/Sc	M65	7	189	4:01:01	4:01:19	0:32:41	1:32:27	2:15:50	3:08:47	1:54:22	2:06:39	05:42

## Senioren M70

Pos	St-Nr.	Name	JG	NAT	Verein/*Ort	AK	AK-Pl	Platz	Netto	Endzeit	6,3km	16,9km	24,1km	33,7km	1.HM	2.HM	M/km
1	1173	Koch, Walter	39	DEU	LAV ASICS Tübingen/F	M70	1	104	3:03:38	3:03:49	0:27:33	1:15:04	1:48:19	2:27:01	1:31:53	1:31:46	04:21
2	1233	Primke, Siegfried	39	DEU	LTSV Forst 1990/Guben	M70	2	151	3:26:56	3:27:02	0:26:51	1:16:52	1:53:23	2:38:39	1:35:31	1:51:26	04:54
3	1215	Kern, Karl-Heinz	39	DEU	LG Rülzheim/Rülzheim	M70	3	165	3:31:43	3:31:58	0:30:51	1:24:01	2:02:26	2:47:51	1:43:34	1:48:09	05:01
4	1249	Vogel, Eckhard	40	DEU	LG Offenbach/Frankfurt	M70	4	191	4:01:04	4:01:55	0:32:34	1:30:25	2:12:15	3:06:20	1:50:44	2:10:21	05:42
5	1247	Ohsiek, Alois	39	DEU	TV Oberwüzbach/Ober	M70	5	195	4:07:01	4:07:28	0:33:18	1:33:30	2:18:26	3:13:22	1:56:00	2:11:01	05:51
6	1255	Rühl, Heinz	37	DEU	TSV Viktoria Mülheim/Mi	M70	6	196	4:08:33	4:10:12	0:36:30	1:39:24	2:24:02	3:17:50	2:00:47	2:07:47	05:53

## Senioren M75

Pos	St-Nr.	Name	JG	NAT	Verein/*Ort	AK	AK-Pl	Platz	Netto	Endzeit	6,3km	16,9km	24,1km	33,7km	1.HM	2.HM	M/km
1	1248	Schippels, Alfred	35	DEU	TuS Holtenau/Kiel	M75	1	174	3:41:49	3:41:53	0:31:16	1:29:07	2:09:24	2:55:27	1:50:03	1:51:46	05:15
2	1246	Röhm, Walter Carlos	35	DEU	LTG Kämpfelbach/Pfor	M75	2	193	4:06:12	4:06:16	0:33:10	1:35:31	2:20:42	3:14:46	1:58:22	2:07:50	05:50
3	1262	Hahn, Arthur	30	DEU	TG Großalmerode/Groß	M75	3	194	4:06:15	4:06:29	0:35:45	1:37:27	2:22:18	3:15:27	1:59:53	2:06:23	05:50
4	1265	Preisler, Horst	35	DEU	LAV Hamburg-Nord/Ha	M75	4	199	4:42:45	4:43:11	0:41:56	1:54:37	2:44:18	3:43:28	2:19:54	2:22:51	06:42



## Seniorinnen W35

Pos	St-Nr.	Name	JG	NAT	Verein/*Ort	AK	AK-Pl	Platz	Netto	Endzeit	6,3km	16,9km	24,1km	33,7km	1.HM	2.HM	M/km
1	F1012	Holljesiefken, Dr. Anke	73	DEU	Spiridon Frankfurt/Frank	W35	1	5	2:55:10	2:55:13	0:25:38	1:10:22	1:41:53	2:18:53	1:26:37	1:28:33	04:09
2	F1006	Bittel, Silke	75	DEU	LAC Quelle Fürth/Obera	W35	2	6	2:56:09	2:56:12	0:25:00	1:08:46	1:40:16	2:18:02	1:24:52	1:31:17	04:10
3	F1015	Schenk, Dr. Karin	73	DEU	Spiridon Frankfurt/Mainz	W35	3	7	2:56:28	2:56:31	0:25:54	1:12:01	1:44:15	2:21:18	1:28:41	1:27:47	04:10
4	F1011	Holly, Sandra	71	DEU	LC Mengerskirchen/Wal	W35	4	10	2:59:37	2:59:45	0:26:16	1:12:30	1:45:18	2:23:25	1:29:20	1:30:17	04:15
5	F1005	Heinold, Esther	75	DEU	WGL Schwäbisch Hall	W35	5	11	3:02:01	3:02:06	0:25:40	1:11:42	1:44:17	2:22:06	1:28:33	1:33:29	04:18
6	F1026	Bur, Daniela	75	DEU	LG Bad Soden /Sulzba	W35	6	19	3:13:51	3:13:58	0:27:58	1:17:05	1:51:43	2:32:22	1:34:52	1:38:59	04:35
7	F1029	Bozkurt-Haaf, Dr. Sevim	75	DEU	SSC Hanau-Rodenbac	W35	7	21	3:17:57	3:18:20	0:28:57	1:20:17	1:56:37	2:38:39	1:38:29	1:39:28	04:41
8	F1018	Mauren, Margit	74	DEU	LG TELIS Finanz Regen	W35	8	28	3:25:21	3:25:51	0:30:09	1:22:08	1:59:12	2:42:35	1:40:47	1:44:35	04:52
9	F1058	Weickert, Petra	72	DEU	ETSV Lauda/Lauda-Kö	W35	9	43	3:59:25	4:03:43	0:39:26	1:40:42	2:23:42	3:14:21	1:58:36	2:00:50	05:40

## Seniorinnen W40

Pos	St-Nr.	Name	JG	NAT	Verein/*Ort	AK	AK-Pl	Platz	Netto	Endzeit	6,3km	16,9km	24,1km	33,7km	1.HM	2.HM	M/km
1	F1001	Pichlmaier, Bernadette	69	DEU	LAG Mittlere Isar/Tegern	W40	1	1	2:40:58	2:41:00	0:22:13	1:02:12	1:30:53	2:05:38	1:16:51	1:24:07	03:48
2	F1010	Steg, Kerstin	69	DEU	LAC Quelle Fürth/Fürth	W40	2	4	2:53:07	2:53:11	0:25:00	1:08:46	1:40:15	2:17:04	1:24:52	1:28:15	04:06
3	F1009	Martens, Vera	69	DEU	Spiridon Frankfurt/Mainz	W40	3	9	2:58:29	2:58:32	0:25:41	1:11:32	1:44:16	2:22:07	1:28:20	1:30:09	04:13
4	F1067	Ramsauer, Christine	68	DEU	LAC Quelle Fürth/Aller	W40	4	14	3:05:47	3:06:03	0:27:17	1:14:46	1:48:38	2:27:58	1:32:03	1:33:45	04:24
5	F1033	Häußler, Julia	61	DEU	LAC Quelle Fürth/Stein	W40	5	25	3:21:34	3:22:03	0:29:16	1:19:41	1:55:41	2:39:14	1:37:26	1:44:08	04:46
6	F1042	Meyer, Birgit	69	DEU	TV Waldstraße Wiesbad	W40	6	32	3:28:19	3:28:34	0:30:23	1:23:37	2:01:37	2:45:57	1:42:39	1:45:40	04:56
7	F1049	Schmid, Kornelia	70	DEU	TSV Windeck Burgebra	W40	7	33	3:33:42	3:34:09	0:32:21	1:27:57	2:06:38	2:51:36	1:47:34	1:46:09	05:03
8	F1041	Rütschlin, Martina	67	DEU	LCM Rheinfelden/Fisl	W40	8	36	3:37:52	3:39:14	0:34:07	1:29:57	2:09:12	2:54:51	1:48:35	1:49:17	05:09
9	F1061	Lichtenstern, Barbara	67	DEU	LAG Saarbrücken/Alst	W40	9	46	4:08:41	4:09:05	0:34:56	1:37:09	2:20:47	3:14:12	1:59:08	2:09:34	05:53

## Seniorinnen W45

Pos	St-Nr.	Name	JG	NAT	Verein/*Ort	AK	AK-Pl	Platz	Netto	Endzeit	6,3km	16,9km	24,1km	33,7km	1.HM	2.HM	M/km
1	F1013	Zanzinger, Anne	63	DEU	TSV Crailsheim/Wallh	W45	1	16	3:08:43	3:08:48	0:25:45	1:12:10	1:45:36	2:27:06	1:29:09	1:39:34	04:28
2	F1020	Manneck, Inga	64	DEU	TG Viktoria Augsburg/Aic	W45	2	20	3:13:51	3:14:01	0:27:35	1:15:34	1:49:49	2:31:10	1:33:10	1:40:42	04:35
3	F1043	Snook, Suzanne	64	DEU	TG Viktoria Augsburg/Ne	W45	3	23	3:19:44	3:20:02	0:28:08	1:17:44	1:53:51	2:36:31	1:35:58	1:43:46	04:43
4	F1031	Bayerl, Petra	63	DEU	LLC Marathon Regensb	W45	4	29	3:27:00	3:27:19	0:29:19	1:21:00	1:58:22	2:42:33	1:39:45	1:47:16	04:54
5	F1048	Kiemle-Schwindling, Chr	62	DEU	LAG Saarbrücken/Saar	W45	5	40	3:53:47	3:54:11	0:33:17	1:32:08	2:14:26	3:06:10	1:53:08	2:00:39	05:32
6	F1044	Forster-Greß, Cornelia	64	DEU	LLC Marathon Regensb	W45	6	41	3:54:45	3:55:04	0:31:30	1:29:12	2:12:39	3:03:08	1:51:51	2:02:54	05:33

## Seniorinnen W50

Pos	St-Nr.	Name	JG	NAT	Verein/*Ort	AK	AK-Pl	Platz	Netto	Endzeit	6,3km	16,9km	24,1km	33,7km	1.HM	2.HM	M/km
1	F1022	Célette, Gabriele	56	DEU	LC Rehlingen/Dillingen	W50	1	12	3:04:11	3:04:17	0:25:48	1:12:13	1:45:35	2:24:55	1:29:20	1:34:52	04:21
2	F1017	Hofmann, Marion	60	DEU	TG Viktoria Augsburg/Au	W50	2	17	3:09:31	3:09:40	0:27:35	1:15:34	1:49:49	2:30:19	1:33:10	1:36:22	04:29
3	F1021	Keller, Barbara	59	DEU	ETSV Lauda/Tauberbi	W50	3	18	3:11:03	3:11:11	0:27:18	1:15:12	1:52:06	2:32:12	1:32:44	1:38:19	04:31
4	F1036	Falkhausen, Christine	56	DEU	TV 1893 Seeheim/See	W50	4	38	3:41:32	3:41:49	0:29:21	1:22:47	2:02:47	2:53:32	1:42:40	1:58:53	05:15
5	F1051	Rudolf, Marlene	59	DEU	LAZ Obernburg-Miltenbe	W50	5	48	4:09:43	4:10:02	0:35:21	1:41:06	2:25:48	3:18:03	2:04:03	2:05:41	05:55

## Seniorinnen W55

Pos	St-Nr.	Name	JG	NAT	Verein/*Ort	AK	AK-Pl	Platz	Netto	Endzeit	6,3km	16,9km	24,1km	33,7km	1.HM	2.HM	M/km
1	F1027	Dilger, Inge	53	DEU	FTSV 1922 Straubing/	W55	1	15	3:07:43	3:07:49	0:27:18	1:15:38	1:49:30	2:28:36	1:32:58	1:34:45	04:26
2	F1028	Fischer, Anne	55	DEU	ATS Cuxhaven/Cuxhav	W55	2	31	3:27:54	3:28:03	0:27:35	1:15:34	1:49:50	2:31:56	1:33:11	1:54:44	04:55
3	F1038	Wirth, Dorothee	53	DEU	RLT Rodgau/Obertshau	W55	3	39	3:42:51	3:43:02	0:30:30	1:25:47	2:05:46	2:54:17	1:46:02	1:56:50	05:16

## Seniorinnen W60

Pos	St-Nr.	Name	JG	NAT	Verein/*Ort	AK	AK-PI	Platz	Netto	Endzeit	6,3km	16,9km	24,1km	33,7km	1.HM	2.HM	M/km
1	F1034	Horst, Hannelore	49	DEU	TV Georgsmarienhütte/	W60	1	22	3:19:25	3:19:38	0:27:47	1:17:42	1:53:53	2:36:33	1:36:05	1:43:21	04:43
2	F1035	Hofmann, Irene	50	DEU	LSG Karlsruhe/Karlsruh	W60	2	24	3:20:16	3:20:41	0:28:22	1:18:05	1:54:49	2:38:00	1:36:20	1:43:56	04:44
3	F1032	Jungmann, Dana	50	DEU	FC Langenau/Langenau	W60	3	27	3:25:26	3:25:46	0:30:10	1:22:17	1:59:01	2:42:33	1:40:47	1:44:39	04:52
4	F1046	Kühn-Maurer, Angelika	50	DEU	LAC Quelle Fürth/Zirnd	W60	4	35	3:36:58	3:37:27	0:32:22	1:28:41	2:07:50	2:53:14	1:48:29	1:48:30	05:08
5	F1060	Springer, Elisabeth	46	DEU	TV 1867 Bad Sobernhei	W60	5	47	4:09:13	4:09:50	0:36:22	1:38:21	2:22:17	3:15:34	2:00:09	2:09:05	05:54
6	F1059	Biermanski, Brigitta	49	DEU	Sportfreunde 09 Puderba	W60	6	49	4:15:29	4:15:53	0:36:05	1:38:37	2:24:00	3:20:23	2:01:12	2:14:17	06:03

## Seniorinnen W65

Pos	St-Nr.	Name	JG	NAT	Verein/*Ort	AK	AK-Pl	Platz	Netto	Endzeit	6,3km	16,9km	24,1km	33,7km	1.HM	2.HM	M/km
1	F1047	Miketta, Helga	41	DEU	Birkesdorfer TV/Düren	W65	1	34	3:35:23	3:35:40	0:32:07	1:27:52	2:06:49	2:51:48	1:47:41	1:47:42	05:06
2	F1050	Steinke, Hilda	45	DEU	SV Concordia Neermoo	W65	2	37	3:38:57	3:39:20	0:31:21	1:27:41	2:06:50	2:52:25	1:47:39	1:51:19	05:11
3	F1054	Quadbeck, Dorothea	44	DEU	Osterather TV/Meerbusc	W65	3	42	3:55:05	3:55:20	0:33:51	1:32:55	2:15:51	3:06:05	1:54:44	2:00:22	05:34